

NATIONAL-LOUIS UNIVERSITY

MASTER COURSE OUTLINE

Course / Workshop Prefix and Number LAP 300 Qtr or sem hours 5qh (fixed)

Course / Workshop Title Adult Development and Learning Assessment

College Arts and Sciences Unit/Program/Department Applied Behavioral Sciences

Catalog description (maximum @ 100 words):

Study of adult development processes. Key concepts include traditional learning, experimental learning and learning style theories, adult development stage theories, and personal and professional assessment learning.

Prerequisite(s): Good standing in the ABS program.

Relationship to specific NLU program(s):

This course is the second in the Applied Behavioral Sciences sequence. Course may be offered as an on-campus course in the Psychology Department. Course goals and expected student learning outcomes:

- Students will demonstrate an understanding of a variety of adult development theories.
- Students will demonstrate an understanding of adult learning principles.
- Students will relate adult learning principles to their personal experience.
- Students will identify their personality characteristics and motivators.
- Students will demonstrate an understanding of various aspects of character development.
- Students will assess their learning styles.
- Students will explore principles of self management.

Major Topics:

- Personality-temperament
- Learning styles
- Adult theory building
- Adult developmental cycles
- Adult life transitions

Suggested method(s) for evaluating student performance:

- Class participation
- Detailed autobiography
- Paper on temperament/personality
- Paper on film

Representative text(s) and/or supporting resources:

Covey leadership Center, Inc. (1992). *Personal leadership application workbook*. Provo, Utah.

Covey, S.R. (1989). *The 7 habits of highly effective people*. New York: Simon and Schuster.

Keirsey, D. & Bates, M. (1984). *Please understand me*. Del Mar, CA.: Prometheus Nemesis.

Recommended Reading:

Cross, K. Patricia (1981). *Adults as Learners*: San Francisco. Jossey-Bass.

Knowles, Malcolm (1978). *The Adult Learner a Neglected Species*. Houston: Gulf Publishing Co.

Myers, Isabel Briggs (1980). *Gifts differing*. Palo Alto: Consulting Psychologists Press. Inc.

Sheehy, Gail (1976). *Passages: Predictable Crises of Adult Life*. New York: E.P. Dutton:

Sheeny, Gail (1981). *Pathfinders*. New York: William Morrow and Co., Inc.

Delivery systems (check all that apply):

- Traditional classroom delivery
- Field model
- On-line
- Other system (describe):

Submitted by Lynette LaHay, Ed.D.

Date 12/11/92

Revised by (if applicable) Lynette LaHay, Ed.D.

Date 12/21/00